

## Information

### Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

### Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Amber if you are interested in taking advantage of the equipment.

### Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 12:00pm** and **Thursdays from 1:30pm to 2:30pm**.

### "Hair by the Bay" Salon Hours

**Tuesdays** 2:00pm until last appointment  
**Wednesdays** 9:30am to 5:30pm  
**Thursdays** 1:00pm until last appointment  
**Saturdays** 9:00 to 1:00pm (by appointment only)

### Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

### Barrie Public Library Books

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

### Visitors

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

### Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

## Management Staff Listing

Michael Ayers, General Manager - [michael@simcoeterrace.com](mailto:michael@simcoeterrace.com)

Theresa Stackhouse, Office Manager - [theresa@simcoeterrace.com](mailto:theresa@simcoeterrace.com)

Amanda Daley, RPN, Director of Wellness - [amanda@simcoeterrace.com](mailto:amanda@simcoeterrace.com)

Joanne Heise, Food and Beverage Manager - [joanne@simcoeterrace.com](mailto:joanne@simcoeterrace.com)

Amber Head, Activity Director - [amber@simcoeterrace.com](mailto:amber@simcoeterrace.com)



*Simcoe Terrace*  
*Retirement Residence*

44 Donald Street  
Barrie, Ontario  
L4N 1E3  
705-722-5750  
[www.simcoeterrace.com](http://www.simcoeterrace.com)

# Simcoe Terrace Retirement Residence

August 2018 Issue



# The Terrace Tribune

*Love Nature...*

## Message from the GM

August is upon us and we can only hope that it isn't as incredibly hot and humid as July has been.

Although the summer is half way over, we are reminded that it is just over a month away from our Annual Family BBQ happening on September 6th from 5-7pm. As always, we look forward to having everyone here with their loved ones.

This year, we welcome Eric Kidd to entertain as well as The Barrie Classic Thunder Cars out front. You will have the opportunity to vote on your favourite car at the BBQ!

Look out for your invitation in your email. We ask that you have your family member RSVP their guests to the front desk.

Michael Ayers,  
General Manager

## Athletes of the Month

### Shuffleboard

#1: Evelyn F. 4152 pts

#2: Joan J. 3437 pts

Bean Bag: Rick H. 234 pts

Most Wins Kurling: Red Team

Croquet: Art C and Barb R

Darts: Sheila F. 75 pts

Horseshoes: Dorothy H. 8 pts

Bowling: Rick H. 52 pts

Bocce: Diane C., Rick H, Margaret S.

Washer Toss: Leonie 260 pts

Ladder Ball Most Wins: Blue Team

Most Bingo Wins: Bill W. 14

## Resident Council

### Council Members of 2018

Margaret Milne—Secretary/Library Committee

Judi Cadman & Barbara Lane—Treasury/  
Fundraising

Falk Stethin—Recreation Committee

Dorothy Hilliard—Welcoming Committee

Bank Balance as of May 1st 2018:

\$1860 (Bank)

\$550 (In House)

\$2410 (Total)

Thank you for your continued support!

## Mental Gymnastics

Boggle: Falk S.

Chess Champ for July: Falk S.

Charades: Falk S, Diane C, Ruth R.

Yahtzee: Diane 214 pts

Scrabble Champ: Jennifer

Best paper Airplane: Ben J.

Join our brain games to get your name in the calendar!

## Welcome to ST!

All are Welcome to join our Bi-Monthly Meet and Greet Social!

A great way to break the ice if you are new to Simcoe Terrace!

Next Date: Friday, September 16th at 1:30pm in the Activity Room

## Highlights of the Month!

### August is "Love Nature" Month! Program Schedule Includes:

**Hiding Greens Smoothies:** Just because the ingredients are green, doesn't mean it needs to taste bad!—August 1st

**Nature Matinee:** Follow 2 dogs and a cat who are best friends find their way home!  
August 6th

**Armchair Travel to the Amazon:** An informative documentary on the Amazon and it's inhabitants with discussion to follow—August 14th

**Nature Art: Leaf Collage—August 16th**

**Scales Nature Park Outing—August 22nd**

**Vanishing of the Bees and Honey Cake:** Snack on Honey Cake made from local ingredients as we delve into the serious issue of disappearing honey bees and the impact they have on our planet—August 23rd

**Drive In Nature Movie: "The Bear" :** Join us for a flick under the stars!- August 27th

**Picnic in the Park—August 29th**

**Nature Art; Birds in Pastels—August 30th**

**Denture Care Information Session:** We welcome Christine Reekie of Reekie Denture Clinic for this informative afternoon—August 8th at 2:30pm in the Activity Room

**Lunch Club! - Sign up is Required!** August 15th—BIG BONE BBQ (See meal options posted on the calendar and on the main bulletin board!)

**Resident Council Euchre Tournaments—**Saturday, August 4th and Saturday, August 18th

**Anti-Bullying Surveys:** please hand in your completed survey in the mail slot at the front office (sign posted) All surveys are anonymous and will help us to collect data from everyone in the home in regards to bullying and being accepted.

*Up and coming in September*

**Family BBQ, Anti-Bullying and Mental Health Awareness Month, Fall Begins**